



Mrs. Shelly Jones Adamson

August 20, 1964 - December 18, 2023

Shelly Jones Adamson, Licensed Mental Health Counselor (LMHC) 59, of Cocoa, FL, passed away on December 18, 2023.

Shelly is survived by her loving husband of 36 years, Thomas, her sons Alan (Alexandra), and Ethan (Brittany), her parents Jasper and Margaret Joretta Jones, her brother Chip (Catherine) Jones, niece and nephew Caitlin and Collen Jones, and loving K9 companions Pippin and Bentley.

Shelly was born on August 20, 1964 to Jasper and Margaret Joretta Jones in Cape Canaveral, FL. After graduating from Merritt Island High School in 1982, she held jobs with Witlock and Associates, Sea Ray, and Lockheed. It was during her time at Lockheed where she realized her true calling as a counselor, and immediately enrolled at University of Central Florida where she obtained her Bachelor's Degree in Psychology in 1993. She then went on to pursue her Masters Degree at Webster University and graduated in 1997.

Shelly started her counseling career in the school system at Imperial Estates in Titusville, FL. She had a passion for her work and really loved working with children. In the early 2000's she finally onboarded with her very first insurance company which opened the floodgates and helped her recognize a need to open her own practice, Shelly Adamson Counseling. The practice was so successful that to keep up with the demand, the practice grew into Adamson

Counseling Group in 2010 when she added additional counselors.

Throughout her career, Shelly touched more lives than anyone could ever count. She was a confidant, an advocate, and most importantly a friend. Her faith in God gave her the strength and ability to counsel, and the legacy she left behind can be found in everyone she touched.

Services will be held at IRC Methodist Church in Titusville, FL on January 13, 2024 at 11:00 am. In lieu of flowers, those planning an expression of sympathy are asked to consider donating to Getalong Dachshund Rescue which supports the needs of senior dachshunds. It was an organization that was very close to Shelly's heart.

Previous Events

Celebration of Life

JAN 13. 11:00 AM (ET)

Indian River City United Methodist Church
1355 Cheney Hwy
Titusville , FL 32780

Tribute Wall

TS

“ I found Shelly a few months before my divorce almost 6 years ago. She helped both my daughter and I through that very difficult time. She has helped me with depression among other challenging life events. And while helping me grow out of codependence, build self-esteem and confidence, she also helped me to become a better mom and friend. And though she may have been my therapist, I considered her a dear friend, too. We had a connection like I've never had with any counselor. I know I have to, but I'm reluctant to try to find a new therapist. Nobody can ever fill her shoes. She has set the bar really high. I already miss her so, so much. Rest in Peace, Shelly.



Tricia S. - January 12, 2024 at 06:16 PM



“ Full Of Love Bouquet was purchased for the family of Mrs. Shelly Jones Adamson.



January 12, 2024 at 02:54 PM



“ Beautiful in Blue was purchased for the family of Mrs. Shelly Jones Adamson.



January 11, 2024 at 05:06 PM

BE

“ Ben lit a candle in memory of Mrs. Shelly Jones Adamson



Ben - January 11, 2024 at 10:38 AM

BT

Shelly was a fantastic counselor and got me through my middle school and high school years. Even when I'd come home on breaks from college, I'd try to find time to see Shelly. Her and her husband, Thomas, were instrumental in helping me complete my Eagle Scout project for the North Brevard Charities Sharing Center. Without their help and support I don't think the project could have been completed!

Ben T - January 11, 2024 at 10:40 AM

GA

“ Gail lit a candle in memory of Mrs. Shelly Jones Adamson



Gail - January 10, 2024 at 09:29 PM

GG

Shelly is my niece she has always took care of making family videos for our Jones reunion every year and did a awesome job putting them together even when so many waited late getting them to her, she would be putting them together on her way up to SC. We love you Shelly and we will miss you, Honey rest in peace Uncle Gene & Aunt Gail loves you ❤️

Gail Gene - January 10, 2024 at 09:36 PM

DA

“ I met Shelley when we worked at Lockheed. Even though we had an age difference of 11 years we hit it off and quickly became friends. We went to exercise classes together and she would babysit my sons. I had the privilege of being a bridesmaid in her wedding. She was funny, intelligent and caring. I will never forget her.

Debra Anderson - January 10, 2024 at 07:35 PM